



## **Merimnao Suggested Book List for Men Struggling with Sexual Purity.**

For Men struggling with lustful thoughts and minor actions:

### **Every Man's Battle**

By Stephen Arterburn, Fred Stoeker

For Men struggling with pornography:

### **In the Shadows of the Net: Breaking Free of Compulsive Online Sexual Behavior**

By Patrick Carnes, David Delmonico, Elizabeth Griffin

### **The Pornography Trap: Setting Pastors and Laypersons Free from Sexual Addiction**

By Mark R. Laaser, Ralph H. Earle Jr.

### **Wired for Intimacy: How Pornography Hijacks the Male Brain**

By William M. Struthers

### **The Secret in the Pew: Pornography in the Lives of Christian Men - Breaking the Bondage of Sexual Sin**

By: David A. Blythe

For Men with a Sexual Addiction or various addictive sexual behaviors:

### **Out of the Shadows**

By Patrick Carnes

### **Don't Call it Love**

By Patrick Carnes

### **Healing the Wounds of Sexual Addiction**

By Mark Laaser

### **Sex Addicts Anonymous Green Book**

By SAA ISO

This information has been gathered by the leaders of Castimonia, our men's sexual purity group. They can be contacted at [Castimonia@thefellowship.org](mailto:Castimonia@thefellowship.org).

Merimnao is a ministry of The Fellowship at Cinco Ranch, contact us at [www.thefellowship.org](http://www.thefellowship.org).